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Market Alerts

WESTERN SOFT VEGETABLES Recent extreme heat in California is still affecting **Eggplant, Red Bell Peppers and Cucumbers** for the Western half of the country. **Choice Green Bell Peppers** are a good alternative for cost and quality.

AVOCADOS Pricing remains very high on all sizes and grades of **Avocados** due to prolonged issues with the Mexican crop. Consider using #2 product where possible.

POTATOES As the storage crop winds down over the summer, **Idaho 90 CT** potatoes and smaller are the best buy. Quality is good on all sizes.

APPLES Some varieties are running low on small fruit, with **Granny Smiths** and **Golden Delicious** being the most impacted. **Fujis** and **Galas** are good cost alternatives where smaller sizes are needed.

MELONS **Cantaloupes and Honeydew** quality remains poor due to recent extreme heat in California. Spotting and scalding are reported. **Watermelons** are in peak season and a good quality alternative

ASPARAGUS Recent heavy rain and cooler temperatures in Central Mexico have slowed harvesting by nearly 75% on all sizes of **Asparagus**. **Pencil** and **Standard** sizes are the best buys, with good quality reported.

A Peek at Peak Seasons

Locally Grown Products: The local growing season is starting up. Michigan Blueberries, Virginia Corn, New Jersey Peppers, Long Island Lettuces and other products are now available. Ask your distributor for this week's local farms list!

Stone Fruit: It's Stone Fruit season, with everything from Peaches to Pluots available throughout the country. Most of the major growing areas has produced more large fruit than small, meaning that larger sizes will often be the better buy over the summer.

Lettuce: Iceberg, Romaine and Leaf lettuce are all in great supply, with excellent pricing and quality.

Corn: Corn on the Cob is in peak season, with great quality and pricing reported. Locally grown product is available in many regions including New Jersey, Indiana, Long Island and Virginia.

Watermelon: Watermelons are also in peak season for seeded and seedless product, with locally grown available in most of the country.

Weather Update

California: Temperatures remain hotter than normal inland, with the coastal regions near normal.

Mexico: Cooler temperatures and "monsoonal moisture" will cross Central Mexico throughout the week.

Florida: Seasonal temperatures and scattered thunderstorms are expected.



Commodities at a Glance

 APPLES	Smaller sizes are becoming scarce over the summer as the storage crops finish up. Fujis and Galas are the best buys for 100 CT and smaller.	 CAULIFLOWER	Quality and pricing are good.	 LETTUCE LEAF	Quality and pricing are very good.
 ASPARAGUS	Quality is good, however pricing is much higher than last week on all sizes.	 CELERY	Quality is good, pricing is fair.	 MELON (CANTALOUPE)	Quality is poor, pricing is fair.
 AVOCADO	Pricing is slightly higher than normal, quality is good to fair.	 CITRUS (LEMONS)	Quality is good, pricing may be higher on certain sizes.	 MELON (HONEYDEW)	Quality is poor, pricing is fair.
 BELL PEPPERS	Quality is good to fair, pricing is higher on Western product.	 CITRUS (LIMES)	Quality and pricing are good.	 MELON (WATERMELON)	Quality and pricing are good.
 BERRIES (BLACKBERRIES)	Pricing and quality are good.	 CITRUS (ORANGES)	Quality is good, pricing may be higher on certain sizes.	 ONIONS	Quality is good, pricing is higher.
 BERRIES (BLUEBERRIES)	Pricing is fair, quality is good.	 CUCUMBERS	Pricing is higher on some grades. Quality is good.	 PEARS	New crop is being harvested, quality is good, pricing is stable.
 BERRIES (RASPBERRIES)	Pricing and quality are good.	 EGGPLANT	Quality is good to fair, pricing is much higher on Western product.	 PINEAPPLES	Quality and pricing are good.
 BERRIES (STRAWBERRIES)	Supplies lighter, quality is fair. Pricing is higher.	 GARLIC	Quality is fair, pricing is higher.	 POTATOES	Pricing is higher on 80 CT and larger. 90 CT and smaller are the best buys.
 BROCCOLI	Quality and pricing are good/	 GRAPES (GREEN)	Quality is good, pricing is fair.	 POTATOES (COLORED)	All colors are at peak season.
 BRUSSELS SPROUTS	Quality and pricing are fair.	 GRAPES (RED)	Quality is good, pricing is fair.	 SQUASH	Pricing is higher on Yellow than Green. Quality is good.
 CARROTS	Pricing and quality are good.	 GREEN ONIONS	Quality and pricing are good.	 STONE FRUIT	Quality and pricing are good.
		 KALE	Quality and pricing are good.	 TOMATOES	Quality is good. Rounds and Cherries are the best buys.
		 LETTUCE ICEBERG	Quality and pricing are very good.		

