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Market Alerts

EGGPLANT Supplies out of the West continue to be impacted by excessive heat in California's growing areas. Pricing remains higher than normal, with good to fair quality.

ASPARAGUS Harvests in Mexico, Peru and Baja California are all improving. Pricing is lower than in prior weeks, but still higher than normal. **Pencil and Standard** sizes are the best values, and quality is good to fair across all sizes.

CILANTRO Quality is very poor, with spotting, yellow leaves and decay all reported. Pricing is higher than normal.

BRUSSELS SPROUTS Supplies are very limited, particularly on Jumbo sizes, and pricing is higher than normal. Quality is fair to good.

AVOCADOS The supply situation has deteriorated even further in the past week. Quality remains good on what little product is available, however pricing is up another 5% - 10% from last week. **48 to 60 CT #2** fruit is the best value.

TOMATOES The excessive heat in California's growing areas, and the lingering effects of Mexico's monsoons, have impacted supplies of **Roma** and **Cherry Tomatoes** nationwide. Quality is good across all varieties and sizes, however **5x6 Round** and **Grape Tomatoes** are the best values.

A Peek at Peak Seasons

Locally Grown Products: The local growing season is at its peak in most areas of the country! Be sure to ask your distributor for their full list of locally grown recommendations, and look for these farm-fresh products:

Melons: From Cantaloupe and Watermelons to specialty melons including Casaba, Crenshaw and Persian, they're the perfect summer menu ingredient.

Cucumbers: Quality and pricing are excellent on all sizes and grades of field-grown Cucumbers, with locally grown product available in most regions.

Kale: Very good harvests of Green Kale are reported, with great quality and pricing.

Green Bell Peppers: Harvests in the Midwest, Northeast and California are all peaking. Great quality and pricing on all grades and sizes of Green Peppers.

Weather Update

California: The inland regions remain very hot, and the coastal regions at seasonal temperatures.

Mexico: Central Mexico and the Southwestern desert regions are very damp and humid, with above average temperatures.

Florida: The aftereffects of Tropical Storm Emily has moderate showers and thunderstorms in the north, and seasonal temperatures.



Commodities at a Glance

 APPLES	Smaller sizes are becoming scarce over the summer as the storage crops finish up. Fujis and Galas are the best buys for 100 CT and smaller.	 CAULIFLOWER	Quality and pricing are good.	 LETTUCE LEAF	Quality and pricing are very good.
 ASPARAGUS	Quality is good to fair, pricing is higher than normal.	 CELERY	Quality and pricing are good.	 MELON (CANTALOUPE)	Quality is good, pricing is fair.
 AVOCADO	Pricing remains much higher than normal, quality is good to fair.	 CITRUS (LEMONS)	Quality is good, pricing may be higher on certain sizes.	 MELON (HONEYDEW)	Quality is good, pricing is fair.
 BELL PEPPERS	Quality and pricing are good, locally grown product in most markets.	 CITRUS (LIMES)	Quality and pricing are good.	 MELON (WATERMELON)	Quality and pricing are good.
 BERRIES (BLACKBERRIES)	Quality and pricing are good.	 CITRUS (ORANGES)	Quality is good, pricing may be higher on certain sizes.	 ONIONS	Quality is good, pricing is higher.
 BERRIES (BLUEBERRIES)	Quality is fair, pricing is higher.	 CUCUMBERS	Quality and pricing are good.	 PEARS	New crop is being harvested, quality is good, pricing is stable.
 BERRIES (RASPBERRIES)	Quality and pricing are good.	 EGGPLANT	Quality is good to fair, pricing is much higher on Western product.	 PINEAPPLES	Quality and pricing are good.
 BERRIES (STRAWBERRIES)	Quality is good to fair, pricing is good.	 GARLIC	Quality is fair, pricing is higher.	 POTATOES	Pricing is higher on 80 CT and larger: 90 CT and smaller are the best buys.
 BROCCOLI	Pricing and quality are good.	 GRAPES (GREEN)	Quality is good, pricing is fair.	 POTATOES (COLORED)	Quality and pricing are good.
 BRUSSELS SPROUTS	Quality is fair, pricing is higher than normal.	 GRAPES (RED)	Quality is good, pricing is fair.	 SQUASH	Pricing is higher on Yellow than Green. Quality is good.
 CARROTS	Pricing and quality are good.	 GREEN ONIONS	Quality and pricing are good.	 STONE FRUIT	Quality is good, larger sizes are the best buys.
		 KALE	Quality and pricing are good.	 TOMATOES	Quality is good. 5x6 Rounds and Grapes are the best buys.
		 LETTUCE ICEBERG	Quality and pricing are good.		

